

# Slow Aerobics in Costume

Join for  
**FREE**

Foreigners  
Enjoy For **FREE**

Date

**21 June 2025 (Sat)** 10:00~Reception

Place

**Sanyu Engineer Gym/Culture Center**  
(Kaminoyama City Gym/Culture Center)

Application  
Deadline

**31 May 2024 (Thurs)**

Application  
Form



Time

Schedule

10:00~	Costume Aerobics Reception (Until 10:45)
11:20~11:30	Costume Aerobics Participant Lineup
11:30~12:00	Costume Aerobics
12:05~12:45	Event / Costume Award Ceremonies (Participation is Requested)



## Participation Gift

- ☆Cherry Mini-pack
- ☆Otsuka Health Products



※Items pictured may differ from those provided



All-Japan Aerobic  
Festival Website



- Sponsor / Kaminoyama City · Board of Education, Japan Aerobic Federation, Others
- Backing / Yamagata Pref. · Pref. Board of Education, Yamagata Sports Association, Others
- Special Support / Otsuka Pharmaceutical, Suzuki Motor Corporation

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